

## Agenda

Saturday, September 25, 2021 | 7:30 AM - 4:30 PM

*Live Online Learning*

Facilitated by:

Dr. Samuel G Campbell, MB BCh, CCFP(EM), FCFP, Dip PEC(SA), FCCHL, FRCP(Edin)

Dr. Cherie Collicott, CCFP

7:30 am	Welcome & Connection Test
8:00 am	Introduction & Module 1 <ul style="list-style-type: none"><li>Ordering Tests and Imaging Wisely</li><li>Practice good stewardship and avoid over-imaging (in this context, back and thyroid imaging)</li><li>Seek out an interdisciplinary consensus</li><li>Build consensus with the patient</li></ul>
10:00 am	Break (15 minutes)
10:15 am	Module 2 <ul style="list-style-type: none"><li>Shared Decision-Making</li><li>Define shared decision-making</li><li>Use reliable online resources to support the implementation of shared decision-making</li><li>Discuss the role of statins in preventing cardiovascular disease</li><li>Develop an approach to the prevention of fragility fractures</li></ul>
11:45 am	Lunch
12:45 pm	Module 3 <ul style="list-style-type: none"><li>Over-Diagnosis and Cancer Screening</li><li>Understand why overdiagnosis is an intrinsic feature of the screening process and recognize the inherent biases associated with screening studies</li><li>Distinguish between screening risks for different cancers</li><li>Review the evidence on screening for specific cancers</li><li>Become familiar with “Weak/Conditional” recommendations, which require shared decision-making</li></ul>
2:45 pm	Break (15 minutes)
3:00 pm	Module 4 <ul style="list-style-type: none"><li>Polypharmacy and Deprescribing</li><li>Understand the impacts of polypharmacy</li><li>Develop an evidence-based approach to deprescribing</li><li>Find tools to support deprescribing common medications: PPIs, benzodiazepines, etc.</li></ul>
4:30 pm	Finish