



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA  
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

The information posted does not necessarily reflect the views of the College of Family Physicians of Nova Scotia

April 2018

Save the Date for the NSCFP Family Medicine Conference 2018!

I KNOW  
I'M WISE  
BUT AM I  
UP TO DATE?



FMC

FAMILY MEDICINE CONFERENCE

Friday, 19 October, 2018  
Pier 21, Halifax

Thank you to all who participated in our Needs Assessment.  
The winner of free 2018 registration has been notified via email!

[Click Here to Be Notified When Registration Opens](#)

03-18

## Humboldt Broncos Message - CFPC



We are deeply saddened by the bus crash involving the Canadian junior hockey team in Saskatchewan. Our thoughts and prayers are extended to the families, athletes as well as to all who have been impacted by this horrible tragedy. Coping with the shock or anxiety of a traumatic event can undermine healthy communities and social relationships at home and at work.

Crisis Support Line now open

Our Employee & Family Assistance Program (EFAP) provider Morneau Shepell has launched a national crisis support line that is available to anyone in need of emotional support. The crisis line can be reached at: 1.844.751.2133. Please share this information with your family and friends. By calling the crisis line, individuals will receive crisis counselling support and/or referral to community resources. This resource

is available to anyone and everyone, client or not.

Our EFAP website [workhealthlife.com](http://workhealthlife.com) also features additional information and tips on coping with traumatic events including the three attachments above.

Remember that the immediate and confidential EFAP services are accessible 24/7/365.



## This Edition with the NSCFP

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## FMF Fits All Stages of Your Career - November 2018, Toronto



[Why Should I Attend?](#)

[Click Here for More Information](#)

04-18

## OCFP Sharing Tools For Excellence in Practice (STEP) Conference



**STEP**  
Sharing Tools for  
Excellence in Practice

June 15, 2018  
Shaw Centre  
Ottawa

EARLY-BIRD rates end April 20 - register now!

Learn more about STEP including our new webcast option.

Cardiology | Dermatology | Mental Health | Musculoskeletal Health | Pain and Palliative Care

Register now for STEP and get the latest evidence and clinical pearls on the topics that matter most to you, all delivered in an engaging, rapid-fire format ... including:

- Dr. Mike Allan exploring whether it really is High-Time for Medical Cannabis?
- Dr. Lindsay Bradley on the 3 MSK Injuries You

[-MAiD Study Recruitment](#)

[-Home is Where the Health Is:  
Inspired COPD Outreach  
Program](#)

[-CAGP Multi-Disciplinary  
Conference & Membership  
Opportunity](#)

**Quick Links**

[NSCFP Website](#)  
[CFPC Website](#)  
[Email NSCFP Executive](#)



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Do Not Want to Miss

-Dr. Christine Rivet to assess your Cancer IQ and help determine Malignancy or Not in dermatology

-Dr. Arun Radhakrishnan looking at the Management of Chronic Non-Cancer Pain and Alternatives to Opioids

-Dr. Roland Sabbagh with clinical tools for Managing Common Cardiovascular Topics

-.... and more!



*Not in town? Not a problem. Get details about the live STEP webcast.*



[Click Here to Register](#)

04-18

**Collaborative Practice Supports for Family Physicians Survey**



We sought your feedback and will use it to emphasize our position that having a family physician as the lead of the primary care team is of the utmost importance.

Respondents had their names entered into a draw for a \$50 Chapters gift certificate, the winner has been notified.

[Click Here to See the Results](#)

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**Innovation in Primary Care:  
Caring for Unattached and  
Marginalized Patients**

THE COLLEGE OF  
FAMILY PHYSICIANS  
OF CANADA



LE COLLÈGE DES  
MÉDECINS DE FAMILLE  
DU CANADA

The College of Family Physicians of Canada (CFPC) is pleased to share a new issue in its Innovation in Primary Care series that focuses on caring for unattached and marginalized patients across a range of social circumstances. Case studies are featured from Alberta, British Columbia, Newfoundland and

**Canadian Paediatric Society - 95th  
Annual Conference**

Labrador, Ontario, and Quebec.

The Caring for Unattached and Marginalized Patients document is now available.

[Click Here to Download](#)

04-18

## PrescribeIt Info Session



Date: Monday April 30th, 5:00PM

Canada Health Infoway will host an informational session on the national e-Prescribing service, PrescribeIT ([www.prescribeit.ca](http://www.prescribeit.ca)), in Halifax.

The session is intended primarily for a community-based clinician audience and will be held at the Pier 21 meeting venue. The session will include canapés, a brief presentation, and a Q & A discussion relating to PrescribeIT.

Attendance room is limited, so please confirm if you would like to attend in person before Tuesday, April 24 2018. If you are unable to attend in person, there will have Webex/Teleconference support for remote participants.

[Click Here to RSVP](#)

04-18

## Job Opportunity - Clinician Researcher

The Department of Family Medicine (Halifax Site), Dalhousie University and Nova Scotia Health Authority (NSHA), invite applications for a 1.0 full-time academic clinician researcher. Candidates will be appointed as Dalhousie Faculty and active staff with the Department of Family

Circle the dates!

May 30 - June 2,  
2018!



**Child and youth health care education for the busy health professional**

Canadian Paediatric Society  
95<sup>th</sup> Annual Conference  
Quebec City, Quebec  
Quebec City Convention Centre

- Accredited education
- Sample topics: mental health, respiratory support, allergy, maltreatment challenges, non-type 1 diabetes, opioid crises
- One-day or full registration available

Visit [www.annualconference.cps.ca](http://www.annualconference.cps.ca) for more information.

[Click Here to Learn More](#)

03-18

## Let's Talk Informatics



Let's Talk Informatics: An Innovative Approach and Technology Solution to Manage Clinical Alarms in the IWK Neonatal Intensive Care Unit (NICU)

NSHA and the IWK Health Centre are pleased to welcome Marwan Abouelela and David Hancock from the IWK's Biomedical Engineering Department as the guest speakers for the next NSHA Information Management & Technology Let's Talk Informatics presentation. Please join us on April 26th to learn about alarm fatigue and how the Alarm Management Task Force implemented a solution to reduce unnecessary alarms in the new single family room care model in the IWK's NICU and provide notification of critical alarms to clinicians using mobile technologies.

[Click Here for More Details and Registration](#)

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**Dr. Sandy Buchman, CMA President Elect  
Nominee to Present in Nova Scotia in  
May**

Practice in the Central Zone, NSHA. Please see complete details including application guidelines [here](#).

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## PEICFP 3rd Annual Family Medicine Conference



[Click Here to See the Agenda](#)

[Click Here to Register](#)

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## Refugees Need Family Doctors

**The Newcomer Health Clinic (NHC)** in Halifax needs family doctors to take refugee families as patients.

The NHC cares for newcomers during their first year in NS, stabilizing medical conditions, updating vaccinations and managing chronic diseases.

For more information email [Dr. Tim Holland](#) or call the clinic at: 902-487-0501.

03-18

## Healthy Food Prescription Programs - Survey



**DALHOUSIE  
UNIVERSITY**

Food insecurity in Nova Scotia is a

Dr. Sandy Buchman will present at the provincial palliative care conference in Wolfville, NS on May 24 and 25.



The event titled: 'A Palliative Approach: Clinical Pearls', is co-hosted by the Nova Scotia Hospice Palliative Care Association and the Western Zone Palliative Care Programs. Dr. Buchman's sessions will focus on the management of complex cases and integrating a palliative approach across settings of care. Dr. Buchman has spent much of his career as a family physician, and with a focus on providing home-based palliative care.

During the event, Dr. Buchman will also be awarded the 2018 Gillian MacMichael Lectureship in Palliative Care.

Pending confirmation of the nomination by General Council in August 2018, Dr. Buchman will serve as president-elect until August 2019, when he will then become CMA President.

To see more information on the upcoming conference and Dr. Buchman's session, [click here](#).

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## MAiD Study Recruitment



The NSHA is seeking interview participants (from Zone 4, Central Zone - Halifax County and West Hants) to participate in a study about health care professional's roles in Medical Assistance in Dying (MAiD). This study will run from January 2018 to June 2019.

Participants will be asked to complete one interview which will be approximately one hour long. Participation can occur by phone or they can book a private breakout room in the Faculty of Management building at Dalhousie University. The Principal Investigator or Research Assistant could also come to your location. They are happy

significant issue, where approximately 1 in 6 households are considered to be food insecure. The link between diet quality and health is well documented, and we are looking for input from local family physicians regarding a potential step towards improving food security in Nova Scotia: Healthy Food Prescription Programs.

Please follow the link to anonymously complete a brief 9-question survey on this topic. Your participation is greatly appreciated!

[Click Here to Participate in the Survey](#)

04-18

## Course - Advanced Trauma Life Support



**TRAUMA NOVA SCOTIA**  
Trauma Care for Nova Scotians



Scheduled Course Dates:  
4:00 PM Friday - Sunday 2:30 PM

May 11-13 2018  
June 8-10 2018  
October 12-14 2018  
November 2-4, 2018

[Click Here to Register](#)

08-17

## Choosing Wisely Nova Scotia

to accommodate your availability and schedule.

[Click Here to Learn More](#)

03-18

## Home is Where the Health Is: Inspired COPD Outreach Program



Canadian Foundation for  
**Healthcare  
Improvement**

The INSPIRED COPD outreach program is a proven intervention for patients living with COPD. First developed in Halifax, Nova Scotia, it was spread to nineteen Canadian teams as part of a Canadian Foundation for Healthcare Improvement (CFHI) quality improvement collaborative in 2014-15. Results from participating health systems show that providing the right services to support Canadians with chronic obstructive pulmonary disease (COPD) in their homes has improved quality of life for patients, while also dramatically reducing hospital readmissions by 64% and emergency department visits by 52%.

[Click Here to Learn More](#)

03-18

## CAGP Multi-Disciplinary Conference and Membership Opportunity



**cagp**  
CANADIAN ACADEMY OF  
GERIATRIC PSYCHIATRY

**acgp**  
ACADÉMIE CANADIENNE  
DE GÉRONTOPSYCHIATRIE

As the Canadian population demographic grows increasingly older, there has never been more need and opportunity to become involved in the care of people during their second half of life. The Canadian Academy of Geriatric Psychiatry (CAGP) provides access to ongoing education, valuable resources, and networking and career opportunities geared towards geriatric psychiatrists, geriatricians, family doctors, nurses and nurse practitioners, medical students, residents, other physicians and allied health care providers with an interest in the mental health of older adults.

This year CAGP will be holding their Annual Scientific Meeting in collaboration with the



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Canadian Coalition for Seniors' Mental Health. "Integrated Mental Health and Medical Care for Older Adults: Bringing Science and Practice Together" will be held in Halifax, Nova Scotia on October 12-13th, with a Pre-Conference Course on October 11th.

[Click Here for More Information](#)

Why be part of the CAGP?

1. You will receive a quarterly e-newsletter containing regional updates, event information and links to resources.
2. You will have access to the CAGP website with a members-only and e-resources section.
3. You will have opportunities to connect with colleagues across the country.
4. You will be supporting the future training of geriatric psychiatrists in Canada, as well as CAGP initiatives in advocating for access to care and enhancing partnerships with other organizations.
5. You will be eligible for discounts on meetings and programs hosted by the CAGP.

[Click Here to Visit their Website](#)

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*Cathie W. Carroll*

**Executive Director**  
Nova Scotia College of Family Physicians

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