



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA  
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

March 2017

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## CFPC: 2017 Call for Interest: Directors-at-Large

The CFPC Board of Directors has two upcoming vacancies for Directors-at-Large



This is your chance to influence the composition of the CFPC's Board of Directors. Perhaps you are interested in serving in a leadership position or you know a colleague who would be great and might just need a bit of encouragement to apply. All applications are welcome, though preference will be given to those who meet the following criteria to ensure a balance of skills, experience, and geographic representation among all Board members. For this election, we are seeking family physicians who:

- Are community based family physicians (providing the voice of the regular community family physician)
- Focus their family practice on a particular subset of the population or provide a particular service (providing the voice of family physicians with focused practices; this will help the CFPC reposition opportunities for generalist family physicians and family physicians with focused practices to work together to complement each other and enhance access to care for patients)
- Practice outside of Central Canada, particularly BC, SK, NS, NB, PEI, and the Territories.

[Click Here to Learn More](#)

## Quick Links

[NSCFP Website](#)

[CFPC Website](#)

[Email NSCFP Executive](#)



[Like us on Facebook](#)



[Follow us on Twitter](#)

[Briefing Note - CIHI International Comparison Report 2016](#)

[Person-Centred Care](#)

\* 3 in 4 Canadians rate the quality of care they receive from their regular doctor as very good or excellent (ranks 2nd, compared to 64% average); \* Canadians are less



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likely to report interacting with non-physician care providers (22% vs. 31% average)

\* Canadians report better experiences than the international average when it comes to their regular doctor knowing their medical history, involving them in medical decisions and explaining things in a way that is easy to understand.

\* Results suggest that coordination of patient care between regular providers and specialists could be improved in all countries. Similar to the international average, 1 in 5 Canadians report that their regular doctor did not seem up to date about the care they received from a specialist.

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## Posters - Infectious Disease



[Click Here to Download Posters for Your Clinic](#)

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## Executive Search - CFPC



## Indigenous Healthcare Event

[UBC Surgeon Dr. Nadine Caron and the Aboriginal Children's Hurt & Healing Initiative](#)

The Dalhousie Indigenous Health Interest Group is thrilled to be hosting Dr. Nadine Caron, the first female First Nations surgeon in Canada, at Dalhousie campus in a few weeks' time.

The speaking event will take place [March 21st, 2017 at 6:00pm](#) in the Collaborative Health Education Building (5793 University Ave, Halifax, NS B3H 1V7) in room 170 on the first floor.

Admission is free.

Light refreshments will be served.

[Click Here to Learn More](#)

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The College of Family Physicians of Canada (CFPC) has retained the Medfall Group to assist in the recruitment and selection of its next Executive Director, Professional Development and Practice Support (advertisement attached).

Representing more than 35,000 members across the country, the CFPC is the professional organization responsible for establishing standards for the training, certification, and lifelong education of family physicians and for advocating on behalf of the specialty of family medicine, family physicians, and their patients. The CFPC accredits postgraduate family medicine training in Canada's 17 medical schools and plays a key role in maintaining the reputation of excellence of family medicine training at the undergraduate and postgraduate levels in all Canadian medical schools.

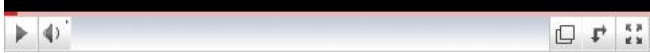
The CFPC is seeking to recruit a dynamic physician executive leader who can direct an integrated approach to service delivery within the Professional Development and Practice Support Division. The successful candidate will function as an influential ambassador in leading the provision of professional development and practice support services to members and non-members of the College while engaging, inspiring, and motivating staff to develop innovative approaches to implementing the vision and strategic plan of the CFPC.

Located in the cosmopolitan and vibrant Greater Toronto Area, the city of Mississauga offers a range of experiences that have earned it the reputation of being one of the best places in the country in which to live and work.

Robb Callaghan, the consultant conducting this search, would like to discuss this attractive opportunity with you in confidence. He may be reached by e-mail at [rcallaghan@medfall.com](mailto:rcallaghan@medfall.com) or by direct line at 289-238-9079.

## Video - CFPC Media, Dr. Martell





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## Study - Cognitive-Behavioural Therapy

The NSHA is recruiting participants for a study examining who responds best to antidepressant medications and who responds best to cognitive-behavioral therapy (CBT) in the treatment of major depressive disorder and persistent depressive disorder. As part of the study, participants who meet eligibility criteria will receive a consultation with a minimum waiting time and treatment for a period of 16 weeks (plus 26 weeks follow up) through the NSHA Mood Disorders Clinic. The participants will be randomly allocated to receive either best evidence pharmacotherapy (antidepressants plus augmentation if needed) or best evidence based psychotherapy (CBT)

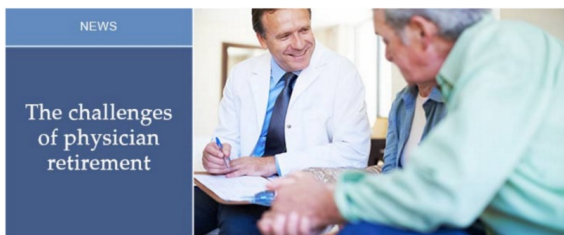


[Click Here for More Info \(Such as eligibility\)](#)

[Click Here to Download a Referral](#)

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## Article: The Challenges of Physician Retirement



[Click to Read](#)

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## Cartoon: Vaccines Work

A position profile is available to interested candidates who wish to learn more about this role.

Should you not be interested in this opportunity, we would appreciate you forwarding this message to colleagues or posting the ad for the attention of those who you feel would be qualified for this role.

[Click Here for More Info](#)

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## First Five Years in Family Practice - Facebook Group



[Click to Join the Discussion](#)

If you are in your First 5 years of Family Practice in Canada, this facebook group is for you!

Feel free to ask questions and share advice with your fellow colleagues from across Canada.

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## Self Learning Program : CFPC

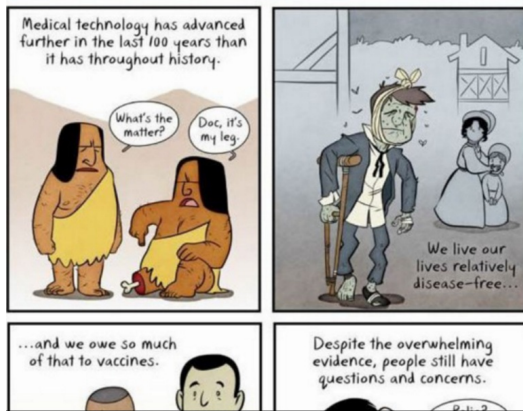


In October 2016, the Self Learning program launched a new website to provide subscribers to the program with an enhanced online experience.

The Self Learning Program is curated by family physicians for family physicians. It is developed by the College of Family Physicians of Canada as part of its commitment to supporting continuing professional development (CPD).

# VACCINES WORK

Here Are the Facts



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## MindWell-U: 30 Day Challenge



MindWell-U delivers evidence-based online and in-person mindfulness programs and training that lead to less stress, more joy and peak performance.

[Click to Register for the 30 Day Challenge](#)

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The Self Learning Program gives access to information that is timely, and relevant to the practice of family medicine, and references current content from more than 100 peer-reviewed medical journals worldwide.

Participants can earn up to 30 Mainpro+® credits per year, through convenient e-learning exercises. This program is designed to make CPD easily accessible, and allows users to learn at their own pace.

New features of the Self Learning website include:

- The ability to save a custom question set and return to complete it at a later time.
- Access to five years of past issues.
- Improved statistics tracking and ability to compare your responses to other users who have responded to the questions.
- Mobile friendly.

If you have any questions, please contact:  
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[www.cfpc.ca](http://www.cfpc.ca)

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## PEICFP Family Medicine Conference

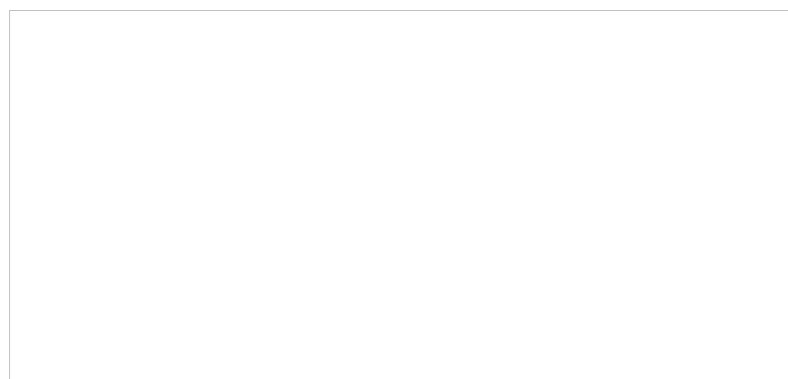
PEICFP would like to invite all family physicians to attend the **2nd Annual Family Medicine Conference** in Charlottetown, PEI on **Thursday, 15th June, 2017.**

[Click here](#) to see the topics!

**Dr. Ryan Meili** from Saskatoon will be our keynote speaker, **continuing our focus on social acceptability** within our chapter. The **Hon. Robert Henderson** the Minister of Health will join our luncheon, along with **National's CEO Dr. Francine Lemire**, and **National's President, Dr. David White.**

[Click here](#) to register now!

Pre-Conference Workshop, Wednesday, June 14, 2017, at the the Delta.  
Light supper will be provided.  
Please RSVP to this event by emailing: [pei.cfp@pei.aibn.com](mailto:pei.cfp@pei.aibn.com)



*Cathie W. Carroll*

**Executive Director**

Nova Scotia College of Family Physicians

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