



June 2016



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### Town Hall Meeting - Halifax

CBC's Information Morning is hosting a forum family medicine in Nova Scotia.

We're bringing together family physicians, other healthcare providers and representatives of the Nova Scotia Health Authority.

We'll look at collaborative care, and how we get there.



The event will be live streamed on CBC.ca/ns Thursday, June 9, 7:30 to 9 p.m.

Parts of the event will be broadcast later on Information Morning.

You can send in questions for the panelists from now till the end of the forum. Email them to [Infomorning.Halifax@CBC.ca](mailto:Infomorning.Halifax@CBC.ca) with Doctors Forum in the subject line.

We also have room in the audience for up to 100 people. If you'd like to attend, email [jerry.west@cbc.ca](mailto:jerry.west@cbc.ca), again with the subject line Doctors Forum. Attendees will be chosen on a first-come, first-served basis.

Jerry West  
associate producer  
Information Morning  
CBC Radio Halifax  
902-420-4347 desk  
902-497-7002 cell

### Quick Links

[NSCFP Website](#)

[CFPC Website](#)

[Email NSCFP Executive](#)



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[Follow us on Twitter](#)

### Town Hall Meeting - Cape Breton

Shortage of Physicians in Cape Breton

Alfie MacLeod, PCA for Sydney River-Mira-Louisbourg has organized a Town Hall meeting:

Sunday 12 June at 7:00 pm at the Big Fiddle.



## Together We Can Strategy Evaluation Survey

### Who is this survey for?

This survey is for members of the public with lived experience, family members and caregivers, and individuals and organizations who have an interest in, or work in, the field of mental health and or addictions in Nova Scotia.

### Why is this survey being conducted?

This survey is one component of the evaluation of Nova Scotia's Mental Health and Addictions Strategy, Together We Can: The plan to improve mental health and addictions care for Nova Scotians. The purpose of the evaluation is to understand how the Together We Can Strategy has been able to address mental health and addictions in the province.

### Who is conducting this survey?

Strive Health, an external consulting company in Halifax, NS, has been hired by the Department of Health and Wellness to conduct the evaluation.

### When is the survey available?

The survey will be available to be completed online from May 24th until June 30th, 2016.

### How do I complete the survey?

The survey can be completed online by clicking this link (or copy/pasting the link into your browser):

<https://surveys.gov.ns.ca/TakeSurvey.aspx?SurveyID=twcpublic>

### Who can I contact if I have questions?

If you have any questions about the survey, please contact Joanna Nemis-White, at [joanna@strivehmc.com](mailto:joanna@strivehmc.com) or Jenn Dixon at [jenn.dixon@dal.ca](mailto:jenn.dixon@dal.ca)



## World Record Holder Challenges Kids to "Get Unplugg'd"

Frisbee Rob's  
Get Unplugg'd  
Challenge



All are welcome to attend.

## Save the Date



2016 NSCFP Family Medicine Assembly  
Friday, 14 October, 2016

**Early Bird Registration Now Open!**

Save \$30 off  
Regular Member Registration! **\$195** +HST

[Click Here!](#)



**NSCFP 2016 Family Medicine Assembly  
& Annual Meeting**

Friday, 14 October, 2016 7:30 am - 5:00 pm  
Canadian Museum of Immigration at Pier 21, Halifax

*Proudly associated with the Dalhousie Family  
Medicine Faculty Development Program*

NOVA SCOTIA  
COLLEGE OF  
FAMILY PHYSICIANS

LE COLLÈGE DES  
MÉDECINS DE FAMILLE  
DE LA NOUVELLE-ÉCOSSE

### Updates Include:

Medical Marijuana  
PTSD  
Male & Female Sexual Health  
Adult ADD  
Opioid Addiction Treatment  
Is There an App for That?  
Critical Drug Interactions  
What's New in Diabetes Treatments?  
Clinical Tool for Alcohol Screening

[Click to view the tentative agenda.](#)

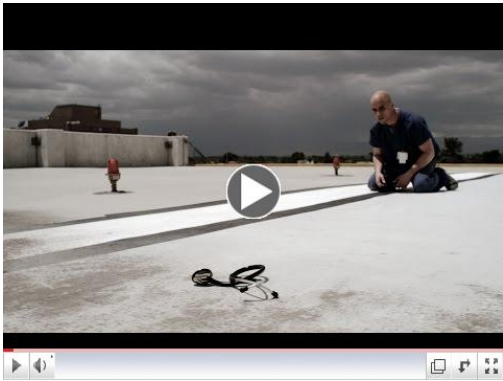


Help challenge  
your young  
patients to get  
unplugg'd and plug in play!

[Click here to learn more](#)

"I'm going to try and stop watching a lot of tv  
and spend more time with my  
family!" Meghan G.

Watch:  
Ain't the Way to Die | ZDoggMD.com



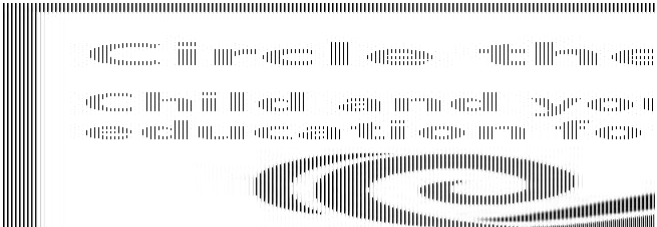
Ain't the Way to Die |  
Eminem/Rihanna Remixed |  
ZDoggMD.com

## Learn How We Promote Family Medicine



[Click Here](#)

## Canadian Paediatric Society Annual Conference



**\$100 Discount**  
when you attend the FMA

THE PRESCRIBING COURSE  
Safe Opioid Prescribing for Chronic  
Non-Cancer Pain  
October 15, 2016 8:00am – 5:00pm  
Westin Nova Scotia Hotel, Halifax



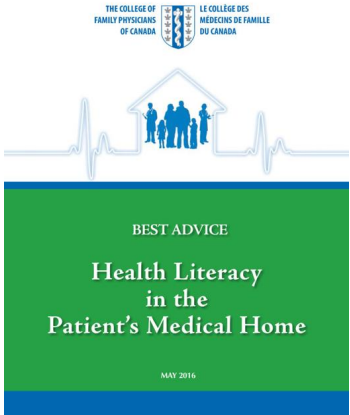
## Best Advice Guide: Health Literacy

Dear Chapters,

The CFPC is pleased to release a  
new Best Advice Guide: [Health  
Literacy in the Patients Medical  
Home.](#)

This latest guide on the topic of  
Health Literacy supports the crucial  
first pillar in the Patient's Medical  
Home (PMH), Patient-Centeredness.  
It explores ways in which family  
physicians can support their patients  
understanding of health information by enhancing their own  
communication skills, increasing use of health literacy  
assessment tools in the practice, and by making better use of  
appropriate resources to match patients' literacy needs during  
clinical interactions.

For access to the full set of Best Advice Guides please visit  
[Patient's Medical Home.](#)



## Introducing the Humanitarian Medical Kit

Your PTP just got a new name

In an effort to make our service  
clear, HPIC has renamed our  
Physician Travel Pack (PTP), the  
Humanitarian Medical Kit.



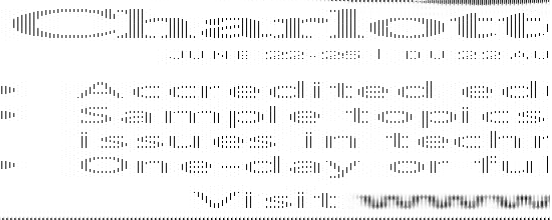
We want nurses, pharmacists,  
health workers and humanitarian  
volunteers to know that you don't  
have to be a doctor to take a Humanitarian Medical Kit.

\*\*\*\*NEW GRANTS AVAILABLE\*\*\*\* HPIC has grants to  
make kits available for medical students, first time applicants  
and others. [Contact HPIC](#) for details.

Please read & share our blog post about the kits with anyone  
you think may be interested in taking a kit to a health project  
in a vulnerable community.

**Whatever your need, there's a kit for you!**

All our services for travelling health workers and volunteers  
are under the umbrella of the Humanitarian Medical Program.



Old name= Physician Travel Pack (PTP)  
New name= Humanitarian Medical Kit for primary care  
Use: standard assortment of essential medicines and medical supplies for anyone working in or delivering to a clinic

Old name: Special Product Request  
New name: Humanitarian Medical Kit for specialized care  
Use: surgeons and specialists with specific needs

Old name= Mother-Child Health Kit  
New name= Humanitarian Medical Kit for maternal care  
Use: 1 box of consumables and 1 box of equipment for those who care for mothers and babies during pregnancy, childbirth and the post-partum period

Old name: Dental Travel Pack  
New name: Humanitarian Medical Kit for dental care  
Use: standard assortment of dental medicines and supplies for anyone working in or delivering to a dental clinic

### Help HPIC expand our distribution network

1. Forward this to at least 1 person & 1 organization that you think would be interested in carrying a Humanitarian Medical Kit

2. Like, share and follow HPIC: [HPIC facebook page](#)  
[HPIC Twitter account](#)

3. Visit our website [www.hpicanada.ca](http://www.hpicanada.ca)

For more information, please contact Claudia Sighomnou. You can call from Monday to Friday 9 a.m. to 4 p.m.: 1-800-627-1787 (514-822-1112), ext. 129 or 1-866-798-4742.

## 1st Family Medicine Conference - PEI

Save the Date and Register Early!



1st Family Medicine Conference  
June 10, 2016  
Charlottetown, PEI  
PEI Convention Centre

Supported by the Prince Edward Island  
College of Family Physicians

Registration Now Open!

<http://pei.cfpc.ca/fmc/registration/>

*Cathie W. Carroll*

**Executive Director**  
Nova Scotia College of Family Physicians

Suite 207 Mill Cove Plaza  
967 Bedford Highway, Bedford, NS, B4A 1A9  
Tel: (902) 499-0303 \* Fax: (902) 832-1193 \* Website: [www.nscfp.com](http://www.nscfp.com)