



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

January 2017

This Month with the NSCFP

[MOH Bulletin - Influenza](#)

[Link: PMH Success Story: Dr. Maria Patriquin](#)

[Article: The Challenges of Physician Retirement](#)

[Cartoon: Vaccines Work](#)

[Enhanced Care and CVFP Outcomes: Calgary](#)

[Atlantic Mentorship Network's Annual Conference](#)

[MindWell-U: 30 Day Challenge.](#)

[13 Canadian Health Heroes You Need to Know](#)

[First Five Years in Family Practice - Facebook Group](#)

[Self Learning Program: CFPC](#)

[The Canadian Task Force on Preventive Health Care: Recruitment](#)

[Video: The Cholesterol Time Travel Adventure](#)

13 Canadian Health Heroes You Need to Know

Reader's
digest 

Recognize number three? We sure do!
Our very own, 2016 FYOP - Dr. David Martell

Quick Links

[NSCFP Website](#)

[CFPC Website](#)

[Email NSCFP Executive](#)



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13 Canadian Health Heroes You Need to Know (3/8)

In praise of doctors, nurses, researchers, inventors and activists from across the country who make it their mission to care.

MOH Bulletin - Influenza



COMMUNICABLE DISEASE BULLETIN
Influenza Update

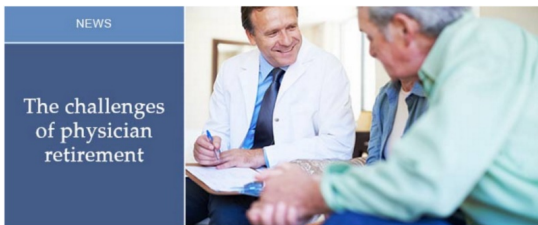
[Click to Read](#)

Link: PMH Success Story:
Dr. Maria Patriquin



[Click to Read](#)

Article: The Challenges of Physician
Retirement



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Cartoon: Vaccines Work



Photo: Heidi Jirotko

[Click to Find the Whole Article](#)

First Five Years in Family Practice -
Facebook Group



[Click to Join the Discussion](#)

If you are in your First 5 years of Family Practice in Canada, this facebook group is for you!

Feel free to ask questions and share advice with your fellow colleagues from across Canada.

Self Learning Program : CFPC



In October 2016, the Self Learning program launched a new website to provide subscribers to the program with an enhanced online experience.

[Click to Continue](#)

Enhanced Care and CVFP Outcomes: Calgary

Enhanced Care through Patient Based Funding and Multidisciplinary Teams



Crowfoot Village Family Practice is a progressive multidisciplinary group that uses a Patient Based Funding model to deliver primary health care in northwest Calgary.

[Click to Read About their Model and Results](#)

Atlantic Mentorship Network's Annual Conference

[Friday, March 3, 2017](#)



The theme for this year's conference is Innovations, Strategies and Barriers to Pain & Addiction Care. The conference will take place once again directly in the community. The main venue will be the Mi'kmaw Native Friendship Centre with concurrent sessions being held in local sites.

[For registration information click here](#)

MindWell-U:
30 Day Challenge

The Self Learning Program is curated by family physicians for family physicians. It is developed by the College of Family Physicians of Canada as part of its commitment to supporting continuing professional development (CPD).

The Self Learning Program gives access to information that is timely, and relevant to the practice of family medicine, and references current content from more than 100 peer-reviewed medical journals worldwide.

Participants can earn up to 30 Mainpro+® credits per year, through convenient e-learning exercises. This program is designed to make CPD easily accessible, and allows users to learn at their own pace.

New features of the Self Learning website include:

- The ability to save a custom question set and return to complete it at a later time.
- Access to five years of past issues.
- Improved statistics tracking and ability to compare your responses to other users who have responded to the questions.
- Mobile friendly.

If you have any questions, please contact:

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www.cfpc.ca

The Canadian Task Force on Preventive Health Care: Recruitment

[Complete this survey and get entered into a draw to win an iPad!](#)

The Canadian Task Force on Preventive Health Care (CTFPHC)* is currently conducting an evaluation of the uptake and impact of their clinical practice guidelines for primary care practitioners. You are being invited to participate in a survey because you are a primary care practitioner that may have experience with the CTFPHC's guidelines.

The survey can be completed online at the link below. During the survey you will be asked questions about your knowledge/perception of the CTFPHC; use of CTFPHC clinical practice guidelines, tools, and resources; and barriers/facilitators to implementing the guidelines in your clinic. Surveys will take no longer than 30 minutes to complete.

Should you choose to participate, your name will be entered



Less Stress
More Joy
Peak Performance

Register Now
For the 30 Day Challenge

MindWell-U delivers evidence-based online and in-person mindfulness programs and training that lead to less stress, more joy and peak performance.

[Click to Register for the 30 Day Challenge](#)

Please find the survey link here: https://knowledge.translation.qualtrics.com/SE/?SID=SV_e9BBExn3ZfXQJk9

If you have any further questions, please do not hesitate to contact Kavitha Thiyagarajah, Research Assistant at thiyagarajak@smh.ca or 416-864-6060 ext.77337.

Video: The Cholesterol Time Travel Adventure



The Cholesterol Time Travel Adventure

[Check Out More Videos Here](#)

Cathie W. Carroll

Executive Director
Nova Scotia College of Family Physicians

