



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

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CFPC News Release



News Release

CFPC calls on our newly elected government to lead the way toward a healthier Canada

(Mississauga, ON, November 12, 2015) As Canada's elected leaders set a course for the new government, the College of Family Physicians of Canada (CFPC) advocates for strengthening the Canadian health care system and its policies through strong leadership committed to innovation and focused strategy.

The CFPC proposes four essential steps for the federal government to take in strengthening the national fabric of Canada's provincial and territorial health care systems



1. Reverse changes to health funding transfers to support aging population

Older populations require more care. We need to care for the seniors of today while planning for tomorrow.



2. Work with provinces and territories to develop a national health strategy

Canadians demand federal leadership in health care. The federal government must collaborate with the provinces and territories to establish a common vision for our health care system. This vision will guide and support the health care system for years to come.



3. Establish a universal pharmacare plan

Numerous organizations support universal pharmacare. This approach would yield significant benefits, including equal access for all to necessary medications. Further, a national drug plan would offer cost savings through bulk purchasing.



4. Support the Patient's Medical Home

Family practice is at the heart of health care. Family physicians and their patients need their national government to recognize and support the interprofessional model of practice that best delivers compassionate, comprehensive, patient-centred care. Learn more at www.patientsmedicalhome.ca

Quick Links

[NSCFP Website](#)
[CFPC Website](#)
[Email NSCFP Executive](#)



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Syrian Refugees In Need of Family Physicians

The Nova Scotia Health Authority is working to coordinate health care services across the province to ensure all refugees receive access to a primary care team and that there is consistent support for providing

care for refugees.





For Information
[click here.](#)

Transitional Health Clinic for Refugees



The Transitional Health Clinic for Refugees provides preventative health and primary medical services for government assisted refugees, privately sponsored refugees and refugee claimants in the greater Halifax area. Patients are supported with finding and transitioning to a family practice in the community within a two year period.

[Click Here to View the Website](#)

ePanel Results



Refugees will settle in communities across Nova Scotia and will require family physicians. No refugee health experience is required. The Transitional Health Clinic for Refugees will provide a physician resource package and ongoing support over the telephone to health care providers. There will also be web-based learning opportunities made available. The federal government has designated Syrian refugees (both privately sponsored and government assisted) eligible for Type 1 benefits under the Interim Federal Health Program.

Family physicians who can accept a refugee patient or family into their practice are asked to contact Graeme Kohler by telephone at 902-237-0448 or email at graeme.kohler@nshealth.ca. Please consider:

1. Are you able to take on patients in your practice?
 - a. Do you speak any languages other than English?
 - b. How many families can you accept?
2. Have you been contacted by a privately sponsored group to take on patients?

If yes, a. Did you agree to take on patients?
If yes,

 - i. How many patients?
 - ii. Are you able to take more into your practice?

Enhanced Skills Surgery Committee - Seeking Representative

This invitation is being sent on behalf of Dr. Brian Geller, chair, Enhanced Skills Surgery CPFM committee, College of Family Physicians of Canada

Dear Chapter Members,

The Enhanced Skills Surgery Committee is seeking a representative for the Atlantic (NB, NL, NS, PE) region. This program committee is one of 19 committees that are a part of the Section of Communities of Practice in Family Medicine (CPFM) and includes CFPC representation from five regions of Canada. The purpose of this committee is to better



The College recently conducted an ePanel survey on Mandatory CPD and Opioid Prescribing. We're pleased to share the results with you for your information:

[Click Here to View Results](#)

Canada. The purpose of this committee is to better support family physicians with enhanced skills surgery as an area of interest, assist the CFPC in better meeting the needs of these members in areas pertaining to education, continuing professional development, advocacy, networking, and health policy, as well as work with the CFPC in ensuring that this particular care area is included as part of continuing comprehensive care provided by all family physicians to their patients.

Committee member involvement includes:

- Attend one face-to-face committee meeting annually in Mississauga, ON
- Participate in two to four teleconferences per year
- Provide input electronically through email as required throughout the year

Travel expenses are reimbursed according to the CFPC's guidelines.

If you are interested, we would ask that you please provide an expression of interest including a brief CV or summary of your professional experience in the area of enhanced skills surgery, and indicate whether you have a focused practice in this area or whether this is part of a comprehensive continuing care practice.

Thank you,

Dr. Brian Geller,
Chair, Enhanced Skills Surgery Program Committee

**Future of Medical Education in Canada-
Continuing Professional Development
Project
(FMEC)**



The FMEC-CPD vision is for a Pan-Canadian consortium based on shared expertise, leadership and accountability among consortium partners. Rather

ePanel

We encourage CFPC members to join the CFPC's ePanel.



Responses to every ePanel survey, help the CFPC better understand our members' perspectives and guide our decisions and planning as an organization.

- CFPC promises no more than 6 ePanel polls per year
- CFPC promises no more than 10 questions per ePanel poll
- CFPC promises to listen to you - your opinions are highly valued!
- CFPC promises to share our findings with you

Make your voice heard!

Sign up for the CFPC ePanel today!

[Click Here to Sign Up](#)



The College in partnership with the Public Health Agency of Canada (PHAC) has developed the Prevention in Hand website (www.preventioninhand.com), a one-stop, user-friendly website and mobile app that will be a valuable health care resource for both health care providers and patients by offering current and clinically reviewed information about the prevention of chronic diseases.

College members can also earn MainPro credits through eLearning modules that are available on the PIH website.

Engage 4 Health



How do we create a healthier future for Nova Scotians?
Let's Talk About It!

[Click Here to Learn More!](#)

The Atlantic Mentorship Network Pain & Addiction Presents:

A Conference in the Community
PAIN & ADDICTION IN VULNERABLE POPULATIONS



Co-Hosted By: The North-End Community Health Centre
March 4, 2016
8:00am - 5:00pm

accountability among consortium partners. Rather than developing a report with a series of recommendations for implementation in the future, the planning partners will take a real-time approach to ongoing physician learning and related action. The primary outcome is to use collective action and ongoing, results-focused updates among partners to address strategic priorities, beginning with those identified at the National Invitational Summit in April 2014.

If you have a project that is ongoing and focused on the current priorities and strategic issues described above, the FMEC-CPD Steering Committee invites you to submit this project(s) for review with the intention of endorsement.

<http://www.fmec-cpd.ca/>

All questions may be sent directly to the FMEC CPD Project Manager, Sue Lawrence, at slawrence@cfpc.ca

Impact-AF



Can an app improve patient care and outcomes?

That's what the IMPACT-AF Study is trying to determine. Up to 200 Primary Care Providers and 4,000 of their patients with atrial fibrillation (AF) from across Nova Scotia will test if online tools can help reduce the number of strokes, ED visits and hospital admissions.

Intervention arm providers have access to an online Clinical Decision Support System (CDSS) that monitors each study patients' condition, offering AF care recommendations based on Canadian guidelines and best practice approaches. Key features of the CDSS include: auto-calculation of stroke and bleeding risk scores, prioritized care alerts, INR tracking, warfarin/NOAC dose monitoring and an electronic special authorization tool. Patients in the Intervention arm also have access to web-based tools for tracking symptoms, recording health data, receiving health alerts and accessing AF educational resources.

The Conference will focus on pain and addiction in four key areas:

Immigrants & Refugees
African Nova Scotians,
Aboriginal & First Nations &
Those at risk or who are homeless.

The Keynote speaker will be Dr. Doug Gruner a physician who has championed restoration of refugee health benefits and supported refugee health services in Ottawa for twenty years.

Additional topics include: Cultural Awareness, Trauma Based Care and a variety of local initiatives that support the determinants of health for vulnerable populations in urban and rural communities.

[Click Here for more Information](#)

The Review Course

"This is THE Review Course R2s are signing up for to prep for the Canadian family med exam"



Vancouver - February 6-7, 2016
Toronto - March 5-6, 2016

[Click Here to Sign up!](#)

THE REVIEW COURSE
IN FAMILY MEDICINE
PRESENTS
SOO SUCCESS
KNOW THE KEY COMPONENTS
A review of the Official SOOs on the CFPC website reveals the 6 important components on every SOO marking scheme
SOURCE: cfpc.ca/SOOs/
1 & 2: PROBLEM IDENTIFICATION

More than 140 providers have already joined and 1,000 of their patients have contacted the study office to participate. All participating providers are eligible for professional development credits and remuneration. Physicians who complete priority research activities by March 7th, 2016 will be eligible for a draw to participate in an upcoming Canadian Science Forum for site investigators being held at the Fairmont Royal York, Toronto, Ontario on Friday, April 8th and Saturday, 9th, 2016!

To find out more information about the study contact Sarah at 902-473-6309 or visit the IMPACT-AF website (www.impact-af.ca).

First Five Years in Practice

Be a part of the discussion and get to know your colleagues!



[Click here to join the FFYP Facebook Page!](#)

Dr. Jacalynne Hernandez-Lee, CCFP
Your First Five Years in Practice Representative



Mainpro+ - Video

The opening line is scripted
Designed to lead you to Problem #1

Take a concise history
- PERTINENT NEGATIVES
- RED FLAGS
- RELEVANT RISK FACTORS
- LISTEN, DON'T DOMINATE!

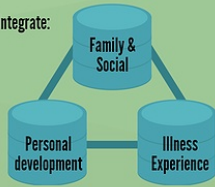


Prompt given at 5 minutes
No prompt = it's already come up

Unrelated to Problem #1

3: SOCIAL / DEVELOPMENTAL CONTEXT

Be able to integrate:



CRUCIAL:

Find common ground with the patient to achieve an effective management plan

4 & 5: PROBLEM MANAGEMENT

Management = More than Rx
Don't forget non-pharmacologic tx!

Identify the diagnosis

This should be a DISCUSSION
Don't just tell the patient what to do



Encourage questions

Discuss 2nd line treatments

Discuss Follow-Up
Recommend follow-up visits, an exam, and take them on as a patient

6: INTERVIEW PROCESS / ORGANIZATION

The official SODs available on the CFPC website list the following 'Important techniques':

- ✓ GOOD DIRECTION
- ✓ FLEXIBLE
- ✓ FLOWING
- ✓ CONVERSATIONAL
- ✓ EFFICIENT
- ✓ BALANCED



**MORE FREE CCFP EXAM
PREP RESOURCES AT**
THEREVIEWCOURSE.COM/STUDYTIPS



Sincere thanks to the CFPC for providing permission to The Review Course to use their publicly-available exam information to help residents prepare for the CCFP exam. CFPC.ca/SODs
The Review Course is not affiliated with the College of Family Physicians of Canada.

[Click Here for more Study Tips!](#)



The College of Family Physicians of Canada is pleased to announce that the official launch of the new Mainpro+ ® and Cert+® platforms will take place on June 27, 2016.

The development and implementation of Mainpro+ and Cert+ is very much a priority in order to enhance access to quality continuing professional development (CPD) and credit reporting for family physicians across Canada. It is a huge initiative and significant investment - and one that we are committed to in order to best serve all Mainpro participants. Mainpro+ will offer a new online reporting platform will be easy to use and navigate to access your credit summary, completed activities, in-progress activities and official transcripts. Please see the following video link and attached brochure to learn more about the new system features and changes to credit categories.

[Mainpro+ Video](#)



**TRUE NORTH
CLINICAL RESEARCH**

CONCERNED ABOUT MEMORY LOSS?

Most adults experience some memory loss as a normal part of aging.

But too much memory loss may be a sign of dementia. Recognizing dementia early offers a better chance of maintaining a healthy and active lifestyle.

If you are concerned about yourself or someone close to you, a simple assessment may provide welcome clarity.

True North Clinical Research is pleased to offer Free Memory Clinics regularly in both our Halifax and Kentville locations.

Call or visit our website to book your appointment today.

TWO LOCATIONS TO SERVE YOU:

362 Lacewood Drive,
Suite 203
Halifax, Nova Scotia,
B3S 1M7
Phone: 902.431.8783
Fax: 902.431.1359

70 Exhibition Street,
Suite 130
Kentville, Nova Scotia,
B4N 4K9
Phone: 902.679.0536
Fax: 902.679.0544



Cert+ will replace the current QuickConnect online accreditation platform. The Cert+ platform will provide an easy to use and navigate platform for Mainpro+

1-855-378-8783 or
www.freememoryclinic.com



CANADIAN NETWORK for
the PREVENTION of ELDER ABUSE

What is cnpea.ca?

- A user-friendly website, designed by professionals, for professionals.
- A source of information for elders in need.
- An inclusive hub for stakeholders involved in a variety of and disciplines.
- An interactive platform to connect with your peers on a message board, upload resources and blog about your views.

program developers to submit applications for Mainpro+ certification review. Cert+ will provide opportunities to tag programs using key words, providing better options for our members to find CPD programs that meet their practice needs.

FAQs and ongoing updates are available on the [CFPC website](#).

If you have any questions not answered on the website, please contact us at mainprocredits@cfpc.ca or certplus@cfpc.ca

Thank you for your interest and support of CPD at CFPC.

Community Health Teams



Are you a family physician in the Central Zone (previously Capital Health District)? The Community Health Teams are here to support you and your patients! Community Health Teams offer FREE wellness programs and services. Programs are offered at a variety of community locations at different times of day to improve access. All programs are completely FREE and do not require a referral. Programs include:

- Incredible Years Parenting Program
- Living with Stress
- Discovering Your Best Weight
- My Child is Anxious...Should I be Worried?
- Making the Most of Your Food Dollar
- Prediabetes
- Building Better Sleep
- Physical Activity on a Budget
- Heart Health
- And many more

The Community Health Team also offers Wellness Navigation. Wellness Navigators are health professionals who know health care, the community and government systems and can help your patients find the right resources. Navigators work with adults, children, youth and families. They can meet patients at the Community Health Team or a public location.

If you would like posters, tear pads or program flyers, please contact them and they will ensure you receive them. They would also be happy to meet with you and your practice if you would like more information. Call

902-460-4560, email cht@nshealth.ca or visit them
online:

www.communityhealthteams.ca

Cathie W. Carroll

Executive Director

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