



A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA
UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

December 2016



The Nova Scotia College of Family Physicians wishes you and yours a happy, healthy Holiday Season.

Peter Brennan, MD, MBA, MCFP
President

Cathie W. Carroll
Executive Director

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Congratulations to Our 2016 Award Recipients!



Left to Right: Dr. Peter Brennan, CCFP - NSCFP President; Dr. Francine Lemire, CCFP, FCFP, CAE - CCFP Executive Director and Chief Executive Officer; Recipient's Father on behalf of Dr. Monika Dutt, CCFP - Recipient of: Award of Excellence; Dr. Frederick Burge CCFP, FCFP - Recipient of: Dr. Charles & Mrs. Jean Gass Lifetime Achievement Award; Dr. Leisha Hawker, CCFP - Recipient of: Award of

Excellence; Dr. David Martell CCFP - Recipient of: Nova Scotia's Family Physician of the Year; Dr. Jennifer Hall CCFP, FCFP, - CCFP President; Dr. John Mc Donald, CCFP - NSCFP - Honorary Award

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Quick Links

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Video Link - NS FPOY, Dr. David Martell on Global News

"Top Doctors"

The College of Family Physicians of Canada have announced their top doctors. Nova Scotia's winner is Lunenburg resident Dr. David Martell.

[Click Here to Watch](#)

Mental Health Program Committee - November 2016

[Click Here to View Newsletter](#)

Video - Neuroscience Says
Listening to This Song Reduces
Anxiety by Up to 65 Percent



CFPC's New Report Card: Federal government makes tentative progress in health care



The CFPC released its latest report card on [The Role of the Federal Government in Health Care](#), which grades the government on its performance across five main areas and a series of 23 indicators of importance to family medicine.

When Should I Check My Blood Sugar? - A Blog for Patients



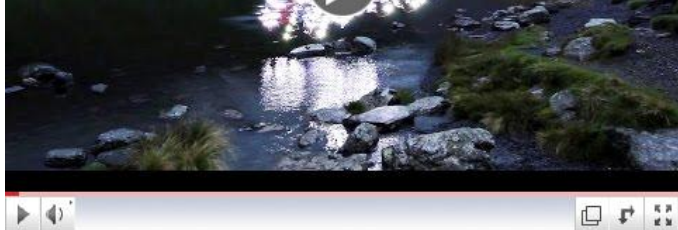
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CPSNS: Infection Prevention and Control



COLLEGE OF
PHYSICIANS & SURGEONS
OF NOVA SCOTIA

[Professional Standard and Guidelines for
Infection Prevention and Control in the](#)



[Click Here to Read the Article](#)

ADHD Resources



[NEW ADHD Psychosocial Tool - Click Here](#)

[Medication Chart - Click Here](#)

Article - Choosing Wisely Canada Recommendations

Author: Dr Sarah Cook



[Click Here to Read](#)

Article - Legislating Away the Future of Family Practice

Dangerous transition from continuity of care to continuous access

Author: Gerry D. Prince, MD CCFP FCFP FFAFP

[Click Here to Read](#)

Influenza Season 2016-2017: Useful Links

[Memo - Influenza Vaccination Program](#)

[Q&A - Publicly Funded Seasonal Influenza Vaccine](#)



Poverty: A Clinical Tool



www.cfpc.ca

www.thewellhealth.ca

Poverty: A Clinical Tool for Primary Care Providers

Social determinants of health, such as poverty, play a major role in patients' health outcomes. The College of Family Physicians of Canada (CFPC) and the Centre for Effective Practice have joined forces to expand and disseminate an Ontario poverty tool to raise awareness among family physicians and other health professionals of how poverty affects their patients. **Poverty: A Clinical Tool for Primary Care Providers** offers specific resources to help health care providers screen for and respond to poverty concerns in patient encounters, particularly when caring for underserved, vulnerable, and marginalized populations.

The Poverty tool is:

- Individualized for each province, through the incorporation of local resources and supports
- Designed for quick and intuitive use in your day-to-day practice
- Endorsed by the CFPC and its provincial Chapters

To learn more about the Poverty tool, please visit <https://thewellhealth.ca/poverty> or contact the CFPC's Practice Support department at pps@cfpc.ca.

*Social accountability and equity is one of the strategic goals of the College of Family Physicians of Canada. We know that social determinants of health play a huge role in health outcomes.

*The College of Family Physicians of Canada (CFPC) and the Centre for Effective Practice (CEP) are partnering on a new initiative to adapt and expand a new learning resource called Poverty: A Clinical Tool for Primary Care Providers (Poverty Tool).

*The Poverty Tool is designed to raise awareness among family physicians and other health professionals about how poverty can be considered and approached in patient encounters, particularly when caring for underserved, vulnerable and marginalized populations.

*The CFPC and CEP will work collaboratively with the CFPC provincial Chapters to develop and disseminate the Poverty Tool within their respective provinces.

*The adaptation of the Poverty Tool will support primary care providers across Canada. The tool will be distinct for each province through the incorporation of local resources and supports.

[Click Here to View!](#)

Community Health Teams



Cartoon - Vaccines Work. Here Are the Facts

The risks, the misinformation, and the science behind history's greatest life saver

by Maki Naro

[Click Here](#)

I Wish My Patients Knew...



[Community Health Teams](#) offer FREE WELLNESS PROGRAMS & SERVICES to your patients in the HRM area to support them to better manage their health and chronic conditions. Programs such as weight management, low intensity exercise (for people significantly limited physically by a chronic condition), stress management, parenting, and many more.

Community Health Team Navigators will meet with your patients to connect them to resources in healthcare and the community. Programs and services are offered in the community where your patients live and work. No referral is required, but they need your help to spread the word! If you would like to learn more, meet with the Community Health Team or obtain tear pads & posters, please contact them at 902-460-4560 or cht@nshealth.ca.

Check out their [program flyers](#) to view all of their programs and services. Community Health Teams are offered through the Nova Scotia Health Authority (Central Zone) in partnership with the IWK.

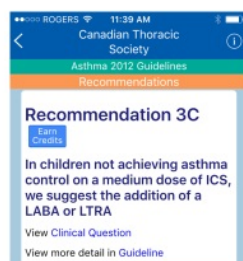
CME Guidelines Channel on IAM App

Learn How We Promote Family Medicine



A CME Guidelines App:

Introducing a convenient and gentle way to learn about guideline recommendations from the Canadian Thoracic Society



LEARN

Receive weekly alerts on important respiratory recommendations that have been chosen by a national panel of family physicians.

EARN CREDITS

Receive Mainpro+ credit for each brief

questionnaire submitted. Royal College members may claim credit under the self-learning/scanning (section 2).

Get the IAM Medical
Guidelines app



ANDROID

APPLE

ENGAGE

Use the discussion board to provide feedback on the recommendations and have an opportunity to ask questions to the Respiratory Experts.



CANADIAN THORACIC SOCIETY
SOCIÉTÉ CANADIENNE DE THORACOLOGIE

[Click Here for a Demo](#)

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