COLLEGE OF FAMILY PHYSICIANS

NOVA SCOTIA

A CHAPTER OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA UNE SECTION DU COLLÈGE DES MÉDECINS DE FAMILLE DU CANADA

LE COLLÈGE DES

November 2015

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ePanel Survey Methadone Maintenance Treatment & Family Practice Community Health Teams Family Doctor Week First Five Years in Practice Top 20 Pioneers Mainpro+	WHEREAS Nos Scotia is fortunate to have highly trained and respected family physiciants output up on the play an integral role in the lives of Nova Scotians, starting from birth and cutturing through adulhood; and WHEREAS Image Action to the play an integral role in the lives of Nova Scotians, starting from birth and cutturing through adulhood; and WHEREAS Image Action to the play an integral role in the lives of Nova Scotians, starting from birth and cutturing through adulhood; and WHEREAS Image Actions have dedicated their lives and careers to delivering the best adulty health care to their patients; and
<u>Interesting Links</u> CFPC Changes to Mainpro: Mainpro+ Coming in June 2016 For Information <u>click here</u> .	WHEREAS the ongoing efforts of family doctors to diagnose and treat illness and injury, promote disease precention and good health, and coordinate quality care is appreciated and makes a positive impact on the lives of all Nova Scotians; THEREFORE I, Stephen McNeil, Premier of Nova Scotia, do hereby proclaim November 9 th to 14 th , 2015 to be "Family Doctor Week" in the Province of Nova Scotia. WHEREAS Stephen McNeil, Premier of Nova Scotia, do hereby proclaim November 9 th to 14 th , 2015 to be "Family Doctor Week" in the Province of Nova Scotia. WHEREAS Stephen McNeil, M.LA. WHEREAS Description of Nova Scotia

First Five Years in Practice

NEW! Be a part of the discussion and get to know your colleagues!

TRUE NORTH

CONCERNED ABOUT MEMORY LOSS?

Most adults experience some memory loss as a normal part of aging.

But too much memory loss may be a sign of dementia. Recognizing dementia early offers a better chance of maintaining a healthy and active lifestyle.

If you are concerned about yourself or someone close to you, a simple assessment may provide welcome clarity.

True North Clinical Research is pleased to offer Free Memory Clinics regularly in both our Halifax and Kentville locations.

Call or visit our website to book your appointment today.

TWO LOCATIONS TO SERVE YOU: 362 Lacewood Drive, Suite 203

Halifax, Nova Scotia, B3S 1M7 Phone: 902.431.8783 Fax: 902.431.1359

70 Exhibition Street, Suite 130 Kentville, Nova Scotia, B4N 4K9 Phone: 902.679.0536

Fax: 902.679.0544

1-855-378-8783 or www.freememoryclinic.com



CANADIAN NETWORK for the PREVENTION of ELDER ABUSE

What is cnpea.ca?

· A user-friendly website, designed by professionals, for professionals.

- A source of information for elders in need.
- An inclusive hub for stakeholders involved in a variety of and disciplines.
 An interactive platform to connect with your peers on a message board, upload resources and blog about your views.

ePanel

We encourage CFPC members to join the CFPC's ePanel.

Click Here to Sign Up

The next ePanel poll is on mandatory CPD for opioid prescribing.

Survey

Dr. Kevork Peltekian (from Atlantic Multi-Organ Transplantation Program in Halifax) and I would like to invite



Click here to join the FFYP Facebook Page!

Introducing: Dr. Jacalynne Hernandez-Lee, CCFP Your First Five Years in Practice Representative



Important Information

IMPORTANT MESSAGE FOR FAMILY PHYSICIANS

Did you know the delivery of primary care is changing in Nova Scotia? you, as a family physician in Nova Scotia to participate in this online survey. The purpose of this short 5-7 minute online survey is to examine the comfort level of family physicians in Nova Scotia in providing long-term post transplant care for their patients. The number of transplanted patients are increasing in the region. The information collected may help us assess this service from a primary care point of view rather than from a transplant centre point of view.

<u>Click Here to Take the Survey</u>

If you have any questions please contact Bridget Pierce at <u>bridgetpierce@dal.ca</u>

Methadone Maintenance Treatment & Family Practice



Click Here to View the Notice from NSHA

Top 20 Pioneers of Family Medicine Research in Canada

The College of Family Physicians of Canada (CFPC) is pleased to celebrate the 20th Anniversary of its Section of Researchers. To acknowledge this important milestone, and recognize those health professionals who have dedicated their work to family medicine research, the College honours the Top 20 Pioneers of Family Medicine Research in Canada for their respective contributions to advancing health care in Canada and around the world.

Click Here to View the Publication

Congratulations, Dr. Ian Cameron!





<u>MMT Research - Click Here to Learn</u> <u>More</u>

<u>Recruitment - Click Here to Learn</u> <u>More</u>

Community Health Teams

Are you a family physician in the Central Zone (previously Capital Health District)? The Community Health Teams are here to support you and your patients! Community Health Be sure to check out page 6 where he is highlighted!

Mainpro+

The College of Family Physicians of Canada is pleased to announce that the official launch of the new Mainpro+ $\ensuremath{\mathbb{R}}$ and Cert+ $\ensuremath{\mathbb{R}}$ platforms will take place on June 27, 2016.

Teams offer FREE wellness programs and services. Programs are offered at a variety of community locations at different times of day to improve access. All programs are completely FREE and do not require a referral. Programs include:

- · Incredible Years Parenting Program
- · Living with Stress
- · Discovering Your Best Weight
- My Child is Anxious...Should I be Worried?
- Making the Most of Your Food Dollar
- Prediabetes
- Building Better Sleep
- Physical Activity on a Budget
- Heart Health
- \cdot And many more

The Community Health Team also offers Wellness Navigation. Wellness Navigators are health professionals who know health care, the community and government systems and can help your patients find the right resources. Navigators work with adults, children, youth and families. They can meet patients at the Community Health Team or a public location.

If you would like posters, tear pads or program flyers, please contact them and they will ensure you receive them. They would also be happy to meet with you and your practice if you would like more information. Call 902-460-4560, email <u>cht@nshealth.ca</u> or visit them online:

www.communityhealthteams.ca

The development and implementation of Mainpro+ and Cert+ is very much a priority in order to enhance access to quality continuing professional development (CPD) and credit reporting for family physicians across Canada. It is a huge initiative and significant investment - and one that we are committed to in order to best serve all Mainpro participants. Mainpro

+ will offer a new online reporting platform will be easy to use and navigate to access your credit summary, completed activities, in-progress activities and official transcripts. Please see the following video link and attached brochure to learn more about the new system features and changes to credit categories.

Mainpro+ Video



Cert+ will replace the current QuickConnect online accreditation platform. The Cert+ platform will provide an easy to use and navigate platform for Mainpro+ program developers to submit applications for Mainpro+ certification review. Cert+ will provide opportunities to tag programs using key words, providing better options for our members to find CPD programs that meet their practice needs.

Visit us at College Square in the Exhibit Hall during Family Medicine Forum at the Metro Toronto Convention Centre on November 12-14th. You are also invited to meet with the CPD staff and Regional Educators in the Mainpro+ Lounge in College Square.

FAQs and ongoing updates are available on the <u>CFPC website</u>.

If you have any questions not answered on the website, please contact us at mainprocredits@cfpc.ca or certplus@cfpc.ca

Thank you for your interest and support of CPD at CFPC.

Interesting Links

Health Providers Against Poverty Facebook Page <u>Click Here to View</u>

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Quick Links

NSCFP Website CFPC Website Email NSCFP Executive

